



Our latest blog



Earle Abrahamson, CNHC registered Massage Therapist and Massage Therapy Profession Specific Board (PSB) member writes about his newly acquired fellowship and his work towards gaining international recognition for his profession.

Read Earle's blog [here](#).

Congratulations on this outstanding achievement Earle!

Welcome to the July 2019 edition of newsupdate

CNHC Chair, Michael Watson

With June behind us, kids are starting to break up for the summer holidays and I am sure many of you are looking forward to some lazy summer days and perhaps some time off yourself in August.

Last month was another busy one for CNHC. The team have been busy preparing for the Bloom Show 2019, which we will be exhibiting at on Friday 7 July, Saturday 8 July and Sunday 9 July at Olympia London. We will be distributing CNHC materials and engaging with members of the public to discuss the importance of consulting our register when searching for complementary therapy practitioners.

We also started recruiting for two new members of the CNHC Board – one registrant and one lay. All registrants received an email last month about the vacancies, and we now have active job posts on many sites such as Guardian Jobs, NEDonBoard, 3rd Force Scotland, Indeed, LinkedIn and more. I would encourage you to consider applying and please do share this with any interested people you may know of.

On 12 June we also held our annual meeting with our Verifying Organisations, who have the important role of checking practitioners' training, insurance and experience to confirm if they are eligible for CNHC registration. Attendees were very engaged, and we had great discussions during the group work. Thank you for continuing to support us and provide your invaluable service.

Wishing you all a wonderful month ahead.

Best Wishes,

Michael Watson



Michael Watson

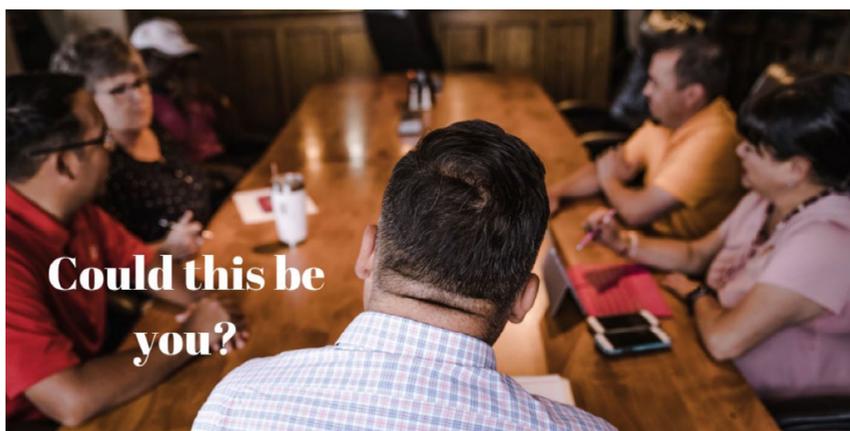
Verifying Organisations meeting



(Jane Foulston, Emma Charlton, Stephanie Kirke and Theo Raymond discussing the group work)

We were delighted to host nearly 20 members representing our many Verifying Organisations on 12 June at the School of Economic Science. Attendees received an update from CNHC on a range of topics, including the current Board vacancies, random sampling, core curricula, the use of Patient Reported Outcome Measures (PROMs), complaints and more. We also had some great feedback during the group work discussing the government initiative [Making Every Contact Count](#).

Thank you again to all who attended.



Could this be you?

CNHC Board Vacancies

CNHC is currently recruiting to fill two vacancies on the Board. Positions are available for one registrant and one lay member.

The role of the CNHC Board and its individual members is to oversee the continuing development of our work as an independent regulatory body and to ensure that all statutory requirements are met. The CNHC Board is also responsible for taking the organisation forward, in addition to consolidating and enhancing our position and reputation within the field of complementary healthcare.

Closing date for applications is 19 July 2019. Interviews will be held in London on 10 September 2019.

If you are interested in applying or know anyone who may be, please use the links below for more information and to download the Application Packs.

[Registrant Member Vacancy](#)

[Lay Member Vacancy](#)

Are you familiar with the CNHC Advertising Guidance?



This document outlines where and what our [Code of Conduct, Ethics and Performance](#) says about advertising, and how it pertains to how you are advertising your practice on print materials and online platforms such as your website and / or social media. It makes specific references to the Cancer Act 1939, the Committee of Advertising Practice (CAP) and the Advertising Standards Authority (ASA) rules that apply to all CNHC registrants.

Download our Advertising Guidance [here](#).

CNHC registrant nominated for Women's Enterprise Scotland Award



Susan Watson, CNHC registered Hypnotherapist and Local Champion, has been nominated in the Start Up of the Year category in the [Women's Enterprise Scotland Awards](#). This award celebrates the entrepreneurial aptitude, vision, ambition, drive and commercial acumen to build a successful start-up enterprise in Scotland.

Susan founded her company in early 2018 to help those with anxiety and self-esteem issues, including those who have been victims of trauma and domestic abuse. She undertook years of training while holding down her full-time job in financial services – often getting up at 4am to fit in study before work.

While working on a one-to-one basis with clients, Susan noticed an opportunity to introduce a preventative step to help them with their overall health and wellbeing. She could help them incorporate self-help tools to build an awareness of the messages received from the mind and body and how to understand them. They could then learn ways to calm these messages, increase focus and attention, and understand how to build resilience and confidence.

As there are often long delays for many children experiencing anxiety and stress, Susan set up workshops specifically designed for kids, mothers and fathers. She encourages them to spend time together relaxing and learning self-help tools to reduce anxiety, increase self-worth, confidence and resilience. Workshops have taken place in West Lothian College, Edinburgh College, Virgin Money, Sky and Lloyd Banking Group. She also offers free sessions to schools and groups for anti-bullying talks and has offered free support to local colleges.

The awards will be presented during a ceremony on Wednesday 18 September at the Grand Central House in Glasgow.

Congratulations on your nomination Susan, we wish you the best of luck.

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CNHC is exhibiting at the Bloom Show this weekend

Will you be in London this weekend?

CNHC is exhibiting at the [Bloom Show](#) (formerly Love Natural Love You) at Olympia London from Friday 7 July – Sunday 9 July.

The show is open to the public from 10am – 5pm each day.

CNHC will be at stall L107 - we hope to see you there.

Find out more and get your free tickets [here](#).

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