

## PSB elections

The election process for the Alexander Technique teaching, Bowen Therapy and Yoga Therapy Profession Specific Boards (PSBs) will begin in April 2017.

PSB members are elected by registrants to give CNHC registered practitioners a direct say in who will act as advisers to CNHC's Board. Any registrant from Alexander Technique teaching, Bowen Therapy or Yoga Therapy is able to stand for election for the relevant PSB, including those who are currently members of the PSB.



### The timetable is as follows:

- **Friday 7 April 2017:** an email will be sent to the CNHC registered practitioners of each discipline setting out the full details and inviting them to stand for election.
- **Friday 28 April 2017:** the deadline for receipt of election statements will be 5pm on this date.
- **Tuesday 2 May 2017:** election statements will be made available to the CNHC registered practitioners of each discipline in the 'CNHC Resources' section of MyCNHC. All CNHC registered Alexander Technique teachers, Bowen Therapists and Yoga Therapists will be invited to vote electronically via SurveyMonkey.
- **Friday 12 May 2017:** closing date for voting will be midnight on this date.
- **Monday 15 May 2017:** successful candidates will be notified and results will be published.

### Please read for deadlines:

- *In order to stand for election practitioners must be registered for the relevant discipline no later than midnight on Thursday 6 April 2017.*
- *In order to vote, practitioners must be registered for the relevant discipline no later than midnight on Monday 1 May 2017.*

You can see full details of these PSB elections here:

[PSB Elections April - May 2017](#)

## College of Medicine Conference – Food: the future medicine



The College of Medicine is seeking expressions of interest for those who wish to attend its second food conference, *Food: the future medicine*, which will take place on 14 September 2017. To register your interest visit: <https://www.collegeofmedicine.org.uk/events/#/event/register/2017/9/13/expressions-of-interest-our-next-food-conference>

## Advertising update

A reminder to make sure your advertising meets the Advertising Codes which apply to all advertisers in the UK, not just CNHC registrants. If you haven't already done so we recommend you read [CNHC's Advertising Guidance](#) which you can find on the 'Guidance for Registrants' page of our website under 'Publications'. If you work with people who have Cancer and you advertise your work it is also important that you read our [CNHC Guidance on the Cancer Act 1939](#) which is also available on our website under 'Publications'.



## Job and volunteer roles

Make sure you check our Facebook page, Twitter feed and website for news updates plus details of job and volunteer roles for CNHC registered practitioners.



Like us on Facebook



Follow us @CNHC\_UK



## Contact CNHC:

Email [info@cnhc.org.uk](mailto:info@cnhc.org.uk)

or call on 020 3668 0406

To view CNHC's website, [click here](#).

## CNHC registrant brings his Armed Forces Rehabilitation expertise to athletes and veterans alike



Mike Murphy

CNHC registered Massage and Sports Therapist Mike Murphy began his career in the Royal Navy as a Physical Training Instructor. In 2002 he trained as an Armed Forces Joint Service Rehabilitation Instructor and went on to support injured Service personnel with a variety of orthopedic musculoskeletal injuries and chronic imbalances. The service was provided at Primary Medical Rehabilitation Centres in the Royal Navy, two of which Mike helped to establish at Yeovilton & Culdrose.

To develop his skills further he completed a BSc (Hons) in Sports Rehabilitation and has been involved in Orthopedic, Musculoskeletal and Sports Injury Rehabilitation for many years since. Having left the Armed Forces Mike continued in private practice on a part time basis alongside lecturing in Sports Massage, Sports Science and degree modules at a local FE College.

Mike says: "Since leaving the Armed forces I have moved into treating and supporting many local athletes ranging from GB Age-Group triathletes (Half Ironman/ Full Ironman, Ultra runners) to recreational sportspeople. I really enjoy this combined with my lecturing and have brought a lot of my expertise together to develop Pre- and Post-Operative Clinical Exercise Rehabilitation programs."

Mike is keen to engage with local GP surgeries and has been taking steps to try to make that happen. Not satisfied with all of that, he is also presenting at a 'Surf Action' event in March. Surf Action is a registered charity that supports veterans including Police, Fire Service, Armed Forces and their families with a variety of issues from Post-Traumatic Stress Disorder (PTSD) to Amputees through watersports Interaction.

Mike is a keen advocate of standards and commented: "I am proud to be on CNHC's Accredited Register and think it's extremely important that we all maintain our CPD. I am keen to bring my combined background and experience to bear with colleagues in the NHS and think that CNHC registration is essential."

## National Institute for Health and Care Excellence (NICE) updates

### CNHC participates in roundtable meeting with NICE Deputy Chief Executive

On 26 January CNHC participated in a roundtable meeting with NICE Deputy Chief Executive, Professor Gillian Leng. The meeting was hosted by the Research Council for Complementary Medicine (RCCM) to facilitate a discussion between RCCM members and NICE about NICE's approach to guideline development and research. Areas such as patient and public involvement, conflict of interest issues and how NICE could improve its processes were covered. Members also requested greater clarity on what evidence NICE requires for guideline development.

CNHC and others present agreed to explore ways of improving patient reported outcome measures which could potentially be considered as evidence by NICE in future.

This was a very productive and respectful meeting which was held in a spirit of mutual learning and recognition. A further meeting is being planned for later in 2017.

### NICE consultation patient and public involvement – deadline 28 February 2017

Remember to respond to NICE's consultation on public and patient involvement. The deadline for responses is: Tuesday 28 February 5.00pm. To find out more and respond to the consultation visit:

<https://www.nice.org.uk/about/nice-communities/public-involvement/consultation>

## CAMSTRAND Conference 6 – 7 June 2017 – call for abstracts

CAMSTRAND provides a forum for researchers, health professionals, practitioners and students with an interest in complementary medicine research to share their work and knowledge amongst like-minded people. This year's event is being held in Southampton.

### Tuesday 6th June 2017 Pre-conference workshop

#### 1pm - 4pm. An Introduction to Performing Systematic Reviews in CAM

The workshop on 6th June will be facilitated by Dr Xiaoyang Hu (Mio), from the University of Southampton, and Dr Nadia Corp from Keele University. Mio and Nadia are experienced researchers of complementary healthcare and will go through the steps of performing a systematic review in this field.

### Wednesday 7th June 2016 Conference

#### 9am - 5pm

CAMSTRAND conference Chair Professor George Lewith is delighted to announce the keynote speakers. Professor Michael Moore, Professor of Primary Health Care Research at the University of Southampton will discuss the importance of antibiotic stewardship. Professor Hugh MacPherson from the University of York will discuss his latest research on acupuncture. Oral and poster presentations will follow.

### ABSTRACT SUBMISSION

To submit an abstract please download and complete the abstract submission form which can be found on the link below and return it to Michelle Holmes at [m.m.holmes@soton.ac.uk](mailto:m.m.holmes@soton.ac.uk) by Friday the 31st of March.

For further information and booking visit: <http://www.rccm.org.uk/node/291>

## Registration now open for Healthcare Improvement Scotland's 5th Annual Research Symposium

Healthcare Improvement Scotland's 5th Annual Research Symposium: *Evidence for sustainability - Exploring the current evidence underpinning ways to create sustainable health and care systems* is now open for registration. The event will consider the development and application of evidence to achieve financially and environmentally sustainable health and care services.

### Speakers include:

- Donal O'Donoghue, Medical Director, Greater Manchester Academic Health Science Network
- Tom Jefford, Head of Youth Services, Cambridgeshire County Council
- Graham Scotland, Senior Research Fellow, Health Services Research Unit/Health Economics Research Unit, Aberdeen
- Christine Bond, Chair in General Practice and Primary Care, University of Aberdeen

**Date:** Thursday 16 March 2017, 10am to 4pm

**Location:** COSLA Conference Centre, 19 Haymarket Yards, Edinburgh EH12 5BH

For further details and registration visit:

[http://www.healthcareimprovementscotland.org/news\\_and\\_events/events/5th\\_annual\\_research\\_symposium.aspx](http://www.healthcareimprovementscotland.org/news_and_events/events/5th_annual_research_symposium.aspx)

## Research opportunities

### Research for Patient Benefit – submissions invited

The *Research for Patient Benefit* programme encourages proposals for projects covering a wide range of health service issues and challenges. It does not specify topics for research. Projects are selected for funding on the basis of the quality of the research proposal and its likely transition into patient benefit locally and for the wider NHS.

The programme supports:

- Studies of the provision and use of NHS services
- Evaluation of the effectiveness and cost effectiveness of interventions
- Examination of the resources utilisation of alternative means of healthcare delivery
- The scrutinising of innovations and developments
- Feasibility studies to help reach the next step of a definitive trial.

For more details and to apply visit: <http://www.nihr.ac.uk/funding-and-support/funding-for-research-studies/how-to-apply/research-programmes/research-for-patient-benefit/>

### Applications are invited for Arthritis Research UK Transforming Musculoskeletal health research

Arthritis Research UK are calling for applications to carry out applied health research into transforming musculoskeletal health. The focus of this call is on applied health research relevant to people with arthritis. The awards will support research whose intended primary outcomes will lead to improvements in quality of life of people with arthritis and / or contribute to the evidence base of knowledge that will lead to improvements relevant to people with arthritis and musculoskeletal conditions.

Any academic, clinician or allied health care professional at an eligible UK institution can apply. The lead applicant must be based at an eligible UK institution.

Outline application deadline: 1 March 2017

For further details visit: <http://www.arthritisresearchuk.org/research/information-for-applicants/types-of-grant/transforming-musculoskeletal-health-applied-health-research.aspx>